

Local view

Wide area view

### DIRECTIONS:

Follow the brown State Park Signs to the South Sulphur Unit!!!  
 From Interstate 30, take EXIT 122 (Sulphur Springs), go north on SH 19 (if coming from Dallas, cross over the bridge to your left) for app. 10 miles, then west (left) on SH 71 for app. 4 miles, then north (right) on FM 3505 for 1 mile to the park entrance.

**Star Trekkers, a nonprofit organization**, is sponsored by the City of Irving Parks and Recreation (972) 721-2501.

The Club meets on the 2nd Thursday of every uneven month at 7 p.m.  
 Call Club for place and verification.

### The Star Trekkers Walking Club has 6 Year Round Events:

- Valley Ranch 10KM/5KM; trail director Gary Whitford (214) 536-9756
- Heritage 10KM/5KM; trail director Bill/Joan Claybourn (972) 986-5086
- Las Colinas 10KM/5KM; trail director Gary Silkworth (817) 571-9786
- Cooper Lake State Park 10KM/5KM; contact G Money (972) 986-5086
- Denison 10KM, trail director Pat & Delbert Taylor, (903) 465-7170
- Sulphur Springs 10KM/5KM trail director G Money (972) 986-5086



**Sulphur Springs**

# COOPER LAKE STATE PARK

South Sulphur Unit

**Sulphur Springs, Texas**

**JANUARY 1 THROUGH DECEMBER 31, 2010**

10km/5km YRE WALK VOLKSSPORT EVENT

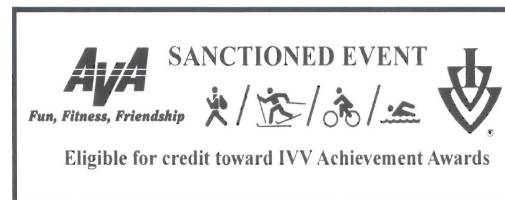
COYOTE RUN HIKING TRAIL WALK



B Award

Star Trekkers of Irving, Texas  
[www.startrekkers.org](http://www.startrekkers.org)

EVENT:# SW10-Y1575



## WELCOME TO COOPER LAKE STATE PARK

**South Sulphur offers a great variety of water and land based recreation (camping, fishing, picnicking, bird watching, nature study, unsupervised swimming). With 2,560 acres and more than 25 miles of shoreline, visitors can enjoy the park's spectacular scenery by boat, foot or on horseback, or just relax and enjoy breathtaking sunsets over a 19,300 acre lake. Wildlife observation can be very rewarding with sightings of bald eagles, white pelicans, wild turkey, waterfowl, white-tailed deer, squirrels, raccoons and beavers.**

**ELIGIBILITY:** Events are open to the public. Everyone is welcome, but children under 12 must be accompanied by an adult.

**SPONSOR:** Star Trekkers of Irving, AVA 681, Cooper Lake State Park, and the City of Irving Parks & Recreation

**STARTING POINT:** Cooper Lake State Park - South Sulphur Unit. The walk box is located inside the headquarters at the park entrance.

**STARTING POINT ADDRESS:** 1690 F.M.3505, Sulphur Springs, Tx 75482.

**START AND FINISH TIMES:** The Park Headquarters is open daily 8 a.m. to 5 p.m., every day of the year.

**SPECIAL EVENT PROGRAMS:** USA State Parks

**TRAIL AND RATING:** The trail is the Coyote Run Hiking Trail, with a short part along paved roads back to the Boat Launch area and Heron Harbor Day Use Area. It will be difficult for strollers, but not suitable for wheel chairs. Trail rating is "2". During the rainy season and 2 week bow hunting season (in December) you may walk the substitute walk along the paved Park roads (wheelchair, stroller accessible). Bring your binoculars for bird watching. Restrooms are available at Start/Finnish and other park locations.

<b>FEES:</b> B Award / IVV Credit	\$5.00
IVV Credit Only	\$3.00
Walk only	Free

**PARK ENTRANCE FEE:** \$ 3.00 per person  
1 year State Park Pass per car \$60.00

**AWARD:** The "B"award s a 1 1/2-inch enamel pin as shown on the front of the brochure

**SANCTIONED:** All Events are sanctioned by the American Volkssports Association (AVA), a member of the International Sports Association (IVV), and the Texas Volkssports Association (TVA)

**IVV CREDIT.** Only one *Event* credit stamp may be entered within a six-month period (January to June, July – December), but you can walk as many times for *Distance* credit within the sanctioned year. You may walk twice on the same card for *Distance* credit.

**DISCLAIMER:** Neither the Star Trekkers nor anyone else involved in the Year Round Event can be held responsible for lost or stolen items, accident or injury at any time. Reasonable efforts have been made by the sponsors to make this event safe, memorable, and enjoyable.

**PETS:** Pets must be on a leash, and you must pick up after your pet.

**WATER AND REFRESHMENTS:** Water and refreshments are at the Start/Finish. You may want to bring your own water container.

**IVV BOOKS:** This event counts toward acquisition of IVV achievement awards. All participants are reminded to bring their books. Insert cards are in the walking box if needed.

**INFORMATION:** Gunhilt Money, 972-986-5086 or 940-597-9301 gunic@aol.com or visit our web site at [www.starttrekkers.org](http://www.starttrekkers.org), the Texas Volkssport Association web site at [www.walktexas.org](http://www.walktexas.org), or the AVA web site at [www.ava.org](http://www.ava.org). Cooper Lake State Park 903/945-5256

### ACCOMMODATIONS:

Park Cabins, Shelters, Camp sites etc., 1-512-389-8900

Comfort Suites, I-30 East, Exit 127 1-877-649-6773

Special 19 % Discount for AVA Walkers for luxury suites, with many amenities. Call for details and reservations. It is also the registration point for Sulphur Springs YRE.

South Sulphur Store, right side on FM3505, before park entrance, for breakfast, hamburger etc.