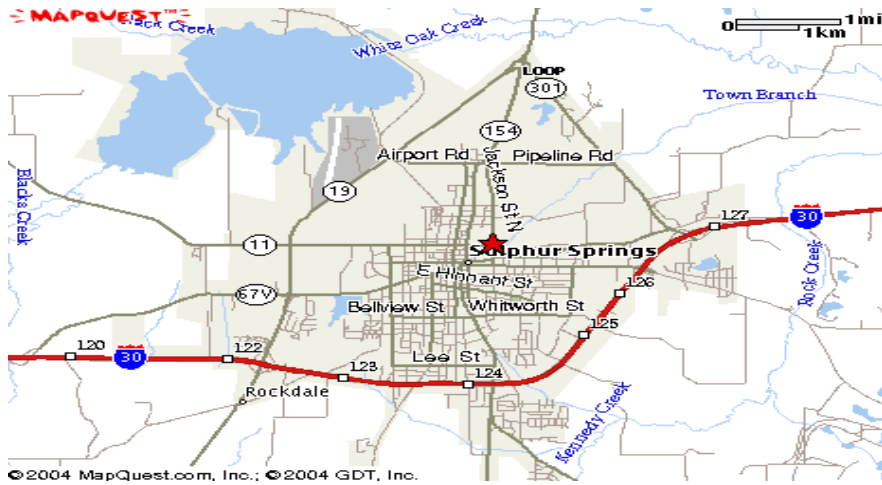


Star Trekkers of Irving, Texas Sulphur Springs, Texas

10km/5km YRE WALK VOLKSSPORT EVENT

JANUARY 1 - DECEMBER 31, 2010



DIRECTIONS:

From I-30, Exit 127 North side of Interstate. Eastbound, cross over I-30, go right. 19% hotel room discount to AVA walkers.

The Star Trekkers Walking Club has 6 Year Round Events:

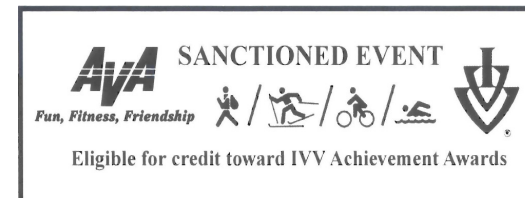
- Valley Ranch 10KM/5KM; trail director Gary Whitford (214) 536-9756
- Heritage 10KM/5KM; trail director Bill/Joan Claybourn (972) 986-5086
- Las Colinas 10KM/5KM; trail director Gary Silkworth (817) 571-9786
- Cooper Lake State Park 10KM/5KM; contact G Money (972) 986-5086
- Denison 10KM, trail director Pat & Delbert Taylor, (903) 465-7170
- Sulphur Springs 10KM/5KM trail director G Money (972) 986-5086

The **STAR TREKKERS** is sponsored by the City of Irving Parks and Recreation Department.



B Medals

EVENT: # SW10-Y0356



The STAR TREKKERS of Irving invite you to visit **Sulphur Springs**. Sulphur Springs is located halfway between Dallas and Texarkana in beautiful Northeast Texas. Small-town atmosphere with a "business friendly" attitude, Sulphur Springs is a thriving community with much to offer. Whether you're seeking family activities, learning experiences or just a quiet time away from the stress of daily life, Sulphur Springs, Texas has it. Shop at factory direct stores, browse for antiques, golf, fish, play in the water or just relax under their shade trees.

ELIGIBILITY: Persons of all ages are invited to participate. Children, under 12, must be accompanied by an adult.

STARTING POINT: Comfort Suites. For details/reservations please call 877-649-6773.

STARTING POINT ADDRESS: 1521 E Industrial, Sulphur Springs, Tx 75482. The walk box is located at the registration desk. Please allow the registration people to take care of customers first. Ask for the walk box. Let them know you appreciate their efforts.

START & FINISH TIMES: Daily, dawn to dusk.

SPECIAL EVENT PROGRAMS: Courthouses in the USA, RailRoad Heritage, Museum Walk America, Veteran Memorials.

TRAIL AND RATING: This trail is on city sidewalks & streets, past the 12-2003 renovated Courthouse (built 1894), through areas of beautiful old homes, the Hopkins County Museum, City Park and more. It is not suitable for strollers and or wheelchairs due to missing sidewalks on some streets. We are rating it 1+.

REGISTRATION AND FEES: There is no pre-registration. All participants must register and have a **Start Card** and sign the waiver. You may walk as many times as you like, but only one event credit will be given per 6 month. Cards, maps & instructions are in the Walk Box. There are no refunds.

B-Award / IVV Credit	\$4.00
IVV Credit Only	\$3.00
Walk only	FREE

AWARDS: The "B" awards from previous years.

SANCTIONED: All Events are sanctioned by the American Volkssports Association (AVA), a member of the International Sports Association (IVV), and the Texas Volkssports Association (TVA)

IVV CREDIT: Only one Event credit stamp may be entered within a six-month period (January to June, July – December), but you can walk as many times for *Distance* credit within the sanctioned year. You may walk twice on the same card for *Distance* credit.

DISCLAIMER: Neither the sponsoring club, nor the AVA is responsible for any lost or stolen items, accidents, or injuries at any time. Reasonable effort will be made to make your walk safe and enjoyable.

PETS: Pets must be on a leash, and you must pick up after your pet.

WATER AND REFRESHMENTS: Water and refreshments are at the Start/Finish. You may want to bring your own water container.

IVV BOOKS: This event counts toward acquisition of IVV achievement awards. All participants are reminded to bring their books. Insert cards are in the walking box if needed.

PROCEDURE: At the registration point, each participant must register, sign the waiver, pay the appropriate fee, & obtain a start card and route directions for the walk. The Sulphur Springs walk starts & ends at the Heritage Square. For the 10K walk, It will be necessary to drive 2 ¼ miles to the square to start the walk. For the 5K walk, you will drive to Coleman Lake. Upon completion of the walk, return to the Comfort Suites for your IVV stamp and/or award. you will drive to the Heritage Square / Hopkins County Courthouse.

INFORMATION:

Gunhilt Money, (972) 986-5086, gunic@aol.com or visit our web site at www.starttrekkers.org, the Texas Volkssport Association web site at www.walktexas.org, or the AVA web site at www.ava.org.

Cooper Lake State Park, Sulphur Unit, YRE Walk (5/10 km) is located 15 miles from Comfort Suites. Follow access road to Loop 301, continue on Loop 301, turn right (North) on SH19/154 & continue, then turn left (West) on SH 71 to FM 3505, turn right (North) to park entrance. Brochure is in the walk box.